

## Mammograms in Qatar

Mammogram capabilities exist in Qatar and they are safe, clean, and internationally approved.

However, the 379 EMDG recommends, if possible, for women to try and get screening mammograms in the United States (before or after PCS to Qatar, or back home on leave) for better continuity of care and accessibility for follow up management if any abnormalities are noted.

However, for women who would prefer to get their screening mammograms in Qatar, both Al Ahli and Doha Clinic Hospitals offer mammogram services.

1. Email ISOS for a mammogram referral – [tricarelon@internationalsos.com](mailto:tricarelon@internationalsos.com) – or call +44-208-762-8133. ISOS accepts collect calls and/or can give the caller an immediate call back. Select option 1 for medical assistance. They are available 24 hours a day, 7 days a week.
2. You can make the appointment at your leisure within the 90-day validity of the authorization letter or you can request assistance and ISOS can assist you using a three-way call
3. Get results by working with Al Ahli or Doha Clinic during your initial appointment...this is key to set expectations on how the results will be sent out or picked up and when. You should also ask for a DVD with the images so they can be loaded into the military imaging online system for future comparisons.
4. If you have any issues with any aspect of the care you receive, please contact ISOS and they will assist.